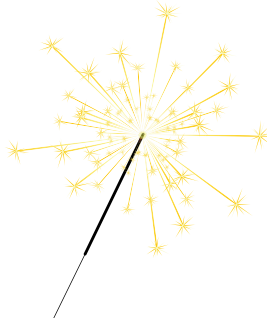


Sparkler Counselor Newsletter



MEET MRS. HRAR

Hello SME Families! Welcome to the 2025-2026 school year! I am excited to be returning for my third year as your Sparkler School Counselor.

My goal as a school counselor is to make a positive impact on the lives of all students. I partner with teachers and parents to help support students' academic and social emotional needs. I love building meaningful relationships with students and working with them on achieving their goals. I look forward to working with you, and your child, this school year.

Please take a few minutes to review my annual parent letter on the next page. It outlines the elementary school counseling program and guidance topics for the year. Feel free to contact me with any questions or concerns.

If you would like me to speak with your child, please complete a counselor referral form by clicking on the link below.

SCHOOL COUNSELOR REFERRAL

UPCOMING EVENTS

- Labor Day Holiday - Sept. 1st
- SME Fall Open House - Sept. 4th
- Early Release Day - Sept. 25th
- Student Holiday - Sept. 26th
- GT Testing Referral Deadline - Sept. 30th
- SME Movie Night - Oct. 3rd
- Fall Break - Oct. 13th - 17th
- Student Holiday - Oct. 20th
- Red Ribbon Spirit Week - Oct. 27 - 31st

CHARACTER TRAITS OF THE MONTH

August: Responsibility

Responsibility is proving you can be trusted with what is expected of you.

September: Fairness

Fairness is treating others equally and playing by the the rules.

October: Respect

Respect is showing others they are important by what you say and do



IMPORTANT REMINDERS

Gifted and Talented Testing Information

Is your child exceptionally bright? Do they seem far more advanced when you compare them to their peers? Consider referring your child for testing to see if they will qualify for the FBISD

Gifted and Talented Program. FBISD is accepting GT testing referrals online from **August 12th -September 30th.**

Please click the link below to refer your child:



[GT Testing Referral](#)

**All referrals must be submitted
online by 9/30/2025.**



Dear Sugar Mill Parents/Guardians,

Greetings! My name is Roxanne Hrar, and I am the professional school counselor at Sugar Mill Elementary. The elementary years are a time when students begin to develop their academic self-concept and understand how they learn and build confidence in their abilities to be successful at school. It's also a time when students develop decision-making and communication skills in addition to character values. As students grow and learn throughout the elementary years, they acquire and develop attitudes towards self, peers, school, social groups, and families.

Elementary school counselors are uniquely trained educators in learning strategies, child development, self-management, and social skills. As an elementary counselor, I implement a comprehensive school counseling program to support student success. This includes guidance lessons that align with the Fort Bend ISD Profile of a Graduate, focusing upon knowledge, attitudes, and skills students need to acquire in support of academic, social/emotional, and career development. These skills serve as the foundation for future success.

For the 2025-2026 school year, guidance lessons may include the following topics:

- Character Education (This year's traits: Responsibility, Fairness, Respect, Citizenship, Gratitude, Courage, Kindness, Integrity, Cooperation, and Leadership)
- Friendship/Getting Along with Others
- Bully Prevention
- Mental Wellness and Safety Resources (Grades 3-5)
- Assertiveness Skills to Support Student Safety (ChildBuilders Lessons)
- Conflict Resolution
- College and Career Exploration
- Understanding Differences (in support of No Place for Hate)
- Making Healthy Choices (in support of Red Ribbon Week)
- Transition to Middle School (5th grade only)
- Mindfulness/Coping with Stress (Grades 3-5)
- Now That You're Ten (Delivered to 4th grade and 5th grade by the Fort Bend County Sheriff's Department to educate students about Texas laws that affect children once they turn age 10).

I look forward to seeing your child this year. If you have additional questions, or you would prefer your child not participate in specific guidance lessons, please contact me at Roxanne.hrar@fortbendisd.gov or 281-634-4444.

Sincerely,

Roxanne Hrar